

ARKANSAS STATE LONG DISTANCE RUNNING RECORDS

REVISED 5-19-25

GUN TIME IS USED FOR OVERALL RECORDS; CHIP TIME USED FOR ALL OTHERS

Men Mile					
Age Group	Name	Time	Race	Location	Date
Overall	Michael Hammond	04:07.5	Go! Mile	N Little Rock	6/14/2014
Ages 0-14	Noah Eskew	04:55.3	Go! Mile	N Little Rock	6/14/2014
Ages 15-19	Joseph Bariola	04:10.8	SOMA Mile	Little Rock	6/7/2024
Ages 20-24	Michael Hammond	04:07.5	Go! Mile	N Little Rock	6/14/2014
Ages 25-29	Scott Smith	04:08.0	Go! Mile	N Little Rock	6/14/2014
Ages 30-34	Scott Downard	04:30.0	Go! Mile	N Little Rock	6/15/2014
Ages 35-39	Brian Sieczkowski	04:37.9	Go! Mile	Little Rock	6/18/2014
Ages 40-44	Brian Sieczkowski	04:42.1	Go! Mile	Little Rock	6/14/2014
Ages 45-49	Timothy Gore	04:40.0	Go! Mile	Little Rock	6/18/2014
Ages 50-54	John Pankey	04:53.0	Go! Mile	N Little Rock	6/14/2014
Ages 55-59	Karl Lenser	05:19.3	Go! Mile	N Little Rock	6/14/2014
Ages 60-64	Alan Krenzelok	05:21.4	Go! Mile	Little Rock	6/16/2018
Ages 65-69	Peter Mullen	05:33.7	Go! Mile	Little Rock	6/18/2016
Ages 70-74	Ross Bolding	06:32.4	Go! Mile	Little Rock	6/16/2018
Ages 75-79	Ross Bolding	07:08.9	Wildcat Extra Mile	Searcy	4/6/2024
Ages 75-79	*Ross Bolding	#6:37.4	Festival of Miles	West Monroe, LA	6/17/2021
Ages 80 +	Marvin Engels	08:59.8	Go! Mile	N Little Rock	6/15/2013
Women Mile					
Age Group	Name	Time	Race	Location	Date
Overall	Therese Haiss	04:40.5	Go! Mile	Little Rock	6/16/2018
Ages 0-14	Tessa Corbitt	05:28.0	Wildcat Mile	Searcy	4/6/2024
Ages 15-19	Amanda Goetschius	04:57.0	Go! Mile	Little Rock	6/20/2015
Ages 20-24	Therese Haiss	04:40.5	Go! Mile	Little Rock	6/16/2018
Ages 25-29	Christy Cazzola	04:43.6	Go! Mile	Little Rock	6/20/2015
Ages 30-34	Lauren Paquette	04:41.2	Go! Mile	Little Rock	6/20/2015
Ages 35-39	Leah Thorvilson	05:05.2	Go! Mile	N. Little Rock	6/14/2014
Ages 40-44	Tia Stone	05:23.8	Go! Mile	Little Rock	6/15/2019
Ages 45-49	Jennifer Found	05:46.9	Go! Mile	Little Rock	6/17/2017
Ages 50-54	Jennifer Found	06:05.9	Wildcat Mile	Searcy	4/6/2024
Ages 55-59	Barbie Hildebrand	06:12.6	Go! Mile	N Little Rock	6/15/2013
Ages 60-64	Betsy Tucker	07:03.5	Go! Mile	Little Rock	6/17/2017
Ages 65-69	Debbie Hill	07:27.0	Go! Mile	Little Rock	6/18/2016
Ages 70-74	Joan Scarlata	08:56.2	Go! Mile	N Little Rock	6/16/2012
Ages 75-79	Frances Barger	10:05.9	Go! Mile	N Little Rock	6/15/2013
Age 80 +	Mary Jo Brinkman	10:42.5	Wildcat Mile	Searcy	4/6/2024
Men 2 mile					
Age Group	Name	Time	Race	Location	Date
Overall	Wojciel Kopec	9:42	Chase Race	Conway	3/9/2013

Ages 0-14	Noah Eskew	10:33	Chase Race	Conway	3/8/2014
Ages 15-19	Elias Found	9:40	ArkansasRunner 2M	Benton	6/15/2024
Ages 20-24	Matt Hill	9:54	ArkansasRunner 2M	Benton	6/22/2002
Ages 25-29	Wojciel Kopec	9:42	Chase Race	Conway	3/9/2013
Ages 30-34	David Briggs	9:53	ArkansasRunner 2M	Bryant	3/22/1997
Ages 35-39	Douglas Mahler	10:04	ArkansasRunner 2M	Benton	6/16/2001
	Ian McFaarland	10:04	Chase Race	Conway	3/8/2025
Ages 40-44	Tom Aspel	9:57	ArkansasRunner 2M	Bryant	3/22/1997
Ages 45-49	James Bresette	10:25	Chase Race	Conway	3/10/2007
Ages 50-54	Matt Pearson	10:48	Chase Race	Conway	3/10/2018
Ages 55-59	Karl Lensor	11:22	Chase Race	Conway	3/8/2014
Ages 60-64	Henry Hawk	11:28	ArkansasRunner 2M	Bryant	3/22/1997
Ages 65-69	Henry Hawk	12:22	ArkansasRunner 2M	Benton	6/22/2002
Ages 70-74	Calvin Detherow	13:37	ArkansasRunner 2M	Benton	6/18/2005
Ages 75-79	Ross Bolding	14:20	ArkansasRunner 2M	Benton	6/12/2021
Ages 80-84	Marvin Engels	18:11	Chase Race	Conway	3/10/2012
Ages 85-89	Albert Davis	18:58	ArkansasRunner 2M	Benton	6/21/2020

Women 2 mile

Age Group	Name	Time	Race	Location	Date
Overall	Leah Thorvilson	10:45	Chase Race	Conway	3/10/2012
Ages 0-14	Tessa Corbitt	12:00	Chase Race	Conway	3/8/2025
Ages 15-19	Kelley Bryson	11:40	ArkansasRunner 2M	Bryant	3/22/1997
Ages 20-24	Carli Langley	11:29	ArkansasRunner 2M	Benton	6/10/2017
Ages 25-29	Kaitlin Bounds	11:00	ArkansasRunner	Benton	6/10/2017
Ages 30-34	Leah Thorvilson	10:45	Chase Race	Conway	3/10/2012
Ages 35-39	Leah Thorvilson	10:53	ArkansasRunner 2M	Benton	6/21/2014
Ages 40-44	Tia Stone	11:31	ArkansasRunner 2M	Benton	6/8/2019
Ages 45-49	Jennifer Found	12:05	Chase Race	Conway	3/10/2018
Ages 50-54	Jennifer Found	12:39	Chase Race	Conway	3/9/2024
Ages 55-59	Betsy Tucker	13:46	Chase Race	Conway	3/11/2017
Ages 60-64	Betsy Tucker	14:21	ArkansasRunner 2M	Benton	6/10/2017
Ages 65-69	Debbie Hill	15:09	Chase Race	Conway	3/12/2016
Ages 70-74	Mary Jo Brinkman	17:19	Chase Race	Conway	3/10/2012
Ages 80-84	Frances Barger	29:08:00	ArkansasRunner 2M	Benton	6/9/2018

Men 5K

Age Group	Name	Time	Race	Location	Date
Overall	A-Daniel Lincoln	13:57	Run For Their Lives	Little Rock	5/13/2006
	Alistair Cragg	#13:28.93	NCAA Indoor	Fayetteville	3/14/2003
	*Reuben Reina	13:39	Carlsbad 5000	Carlsbad, CA	4/14/1991
	*Reuben Reina	#13:24.78	Oslo Grand Prix	Oslo, Norway	7/6/1991
Juniors	Elias Found	14:53	Spring Fling 5K	Cabot	3/22/2025
Sub Masters	Jason Hubbard	14:44	Run For Their Lives	Little Rock	5/14/2005
	A-Randy Taylor	15:13	Big Apple	Little Rock	9/6/1982
	*Reuben Reina	#13:58.12	Olympic Trials	Sacramento	7/17/2000

Masters	Lowry Foster	15:39	Oktoberfest	Hot Springs	10/26/1991
	*Lowry Foster	15:21	Festival of Lights	Ft. Myers, FL	2/15/1992
Grand Masters	Joe Whillock	16:53	Oktoberfest	Hot Springs	10/23/1993
Seniors	Jack Gentry	18:19	Cave Springs 5K	Cave Springs	8/3/1991
	*Jack Gentry	17:28	Nat'l Sr. Olympics	St. Louis, MO	6/19/1989
Super Seniors	Ross Bolding	20:41	Freedom Frosty 5K	Bentonville	12/3/2016

Women 5K

Age Group	Name	Time	Race	Location	Date
Overall	Amy Begley	16:02	Run For Their Lives	Little Rock	5/14/2005
	A-Christin Thomas	16:12	Run For Their Lives	Little Rock	3/17/2007
	Kim Smith	#15:14.18	NCAA Indoor	Fayetteville	3/12/2004
Juniors	Julie Jiskra	18:23	Women's Run	Little Rock	3/19/1983
	*A-Ashley Tiner	#17:50.71	LSU Alumni Gold	Baton Rouge	4/18/2009
Sub Masters	Leah Thorvilson	17:27	Spring Fling 5K	Cabot	3/24/2012
Masters	Jane Hutchison	17:52	Twin City Bank	N Little Rock	8/30/1991
	A-Barbara Hildebrand	18:15	Race For The Cure	Little Rock	9/30/1995
Grand Masters	Pauline Allen	18:39	White River Marathon 5K	Cotter	11/20/2021
Seniors	Betsy Tucker	22:25	Spring Fling 5K	Cabot	3/18/2017
Super Seniors	Mary Jo Brinkman	27:49:00	Spring Fling 5K	Cabot	3/22/2014

Men 8K

Age Group	Name	Time	Race	Location	Date
Overall	Mike Clark	23:54	Union Life	Little Rock	5/28/1983
Juniors	Daniel Lincoln	25:00:00	Rock Run	Little Rock	5/29/1999
Sub Masters	Doug Clark	25:14:00	Union Life	Little Rock	5/23/1987
	A-Tom Aspel	25:38:00	Union Life	Little Rock	5/28/1988
	*Randy Taylor	#24:57	Penn Relays	Philadelphia	4/25/1985
	*Randy Taylor	#24:57	Penn Relays	Philadelphia	4/24/1986
Masters	Lowry Foster	26:23:00	Rock Run	Little Rock	5/23/1992
Grand Masters	James Bresette	28:28:00	Rock Run	Little Rock	5/26/2012
Seniors	Tom Mayfield	29:59:00	Rock Run	Little Rock	4/29/2000
	*Jack Gentry	29:28:00	Land Run	Tulsa, Okla.	4/ /1989
Super Seniors	Don Potter	36:53:00	Rock Run	Little Rock	5/29/2010

Women 8K

Age Group	Name	Time	Race	Location	Date
Overall	Leah Thorvilson	28:17:00	Rock Run	Little Rock	5/29/2010
Juniors	Kim Mount	30:33:00	First Bank	Little Rock	5/25/1991
Sub Masters	Leah Thorvilson	28:17:00	Rock Run	Little Rock	5/29/2010
Master	Barbara Hildebrand	31:51:00	Rock Run	Little Rock	5/23/1998
Grand Masters	Betsy Tucker	34:57:00	Rock Run	Little Rock	4/28/2011
Seniors	Debbie Hill	40:47:00	Rock Run	Little Rock	5/14/2016
Super Seniors	Mary Jo Brinkman	48:19:00	Rock Run	Little Rock	5/26/2012

Men 10K

Age Group	Name	Time	Race	Location	Date
Overall	Reuben Reina	28:58:00	Mountain Valley	Hot Springs	11/10/1990

	Mark Curp	#28:51.26	Arkansas Relays	Fayetteville	3/27/1982
	*Reuben Reina	#28:33.12	Mt. SAC Relays	Walnut, CA	4/19/1997
Juniors	Greg Avery	30:27:00	Pepsi	Little Rock	4/5/1980
	A-Johnny Reed	31:39:00	Pepsi	Little Rock	4/6/1985
Sub Masters	Bill Rodgers	29:02:00	Pepsi	Little Rock	5/1/1982
	A-Tom Aspel	31:20:00	Spa 10K	Hot Springs	11/16/1985
	*Randy Taylor	#31:18.3	Penn Relays	Philadelphia	4/25/1985
	Denton Childs	#31:18.73	Arkansas Relays	Fayetteville	3/27/1982
Masters	Frank Shorter	31:49:00	Pepsi	Little Rock	4/1/1989
	A-Tom Aspel	32:47:00	Mountain Valley	Hot Springs	11/18/1995
	*Lowry Foster	32:37:00	River Run	Memphis, TN	4/25/1992
Grand Masters	Joe Whillock	34:59:00	Mountain Valley	Hot Springs	11/20/1993
Seniors	Tom Mayfield	37:58:00	Toad Suck 10K	Conway	5/6/2000
Super Seniors	Ross Bolding	41:52:00	Run For Hunger	Rogers	9/4/2017

Women 10K

Age Group	Name	Time	Race	Location	Date
Overall	Ann Audain	32:51:00	Pepsi	Little Rock	4/2/1983
	A-Leah Thorvilson	34:50:00	Great Duck Race	Stuttgart	11/27/2010
Juniors	Angela Heringer	36:41:00	Pepsi	Little Rock	4/18/1981
	*Angela Heringer	35:55:00	Pepsi Regional	Atlanta, Ga.	5/2/1981
Sub Masters	Teena Colebrook	34:31:00	Pepsi	Atlanta, Ga.	4/4/1992
	A-Leah Thorvilson	34:50:00	Great Duck Race	Stuttgart	11/27/1910
Master	Margo Braud	38:13:00	Capital City Classic	Little Rock	4/18/2000
	A-Angie Heringer	38:47:00	Mountain Valley Spa	Hot Springs	11/17/2001
Grand Masters	Pauline Allen	39:45:00	Spa Running Festival	Hot Springs	11/13/2021
	Barbie Hildebrand	43:33:00	Toad Suck 10K	Conway	4/30/2005
Seniors	Betsy Tucker	48:01:00	Breakaway 10K	Searcy	10/14/2017
Super Seniors	Mary Jo Brinkman	55:37:00	Capital City Classic	Little Rock	4/7/2012

Men 12K

Age Group	Name	Time	Race	Location	Date
Overall	James Terrell	37:40:00	MayFast	Texarkana	5/11/1991
	A-David Briggs	38:28:00	The Pru	Conway	9/9/1995
Juniors	Allan Gill	43:08:00	Two Rivers	Arkadelphia	4/8/1989
Sub Masters	David Krause	38:37:00	- unknown -	Fort Smith	5/13/1990
	A-Tom Aspel	39:31:00	The Pru	Conway	9/10/1994
Masters	Tom Aspel	39:22:00	The Pru	Conway	9/9/1995
Grand Masters	Joe Whillock	43:26:00	The Pru	Conway	9/10/1994
Seniors	Tom Mayfield	45:42:00	Conway 12K	Conway	9/11/1999
Super Seniors	Nash Abrams	1:02:11	Pru 12K	Conway	9/10/1994
	*Ross Bolding	57:32:00	Big 12 12K	Kansas City	3/16/2019

Women 12K

Age Group	Name	Time	Race	Location	Date
Overall	Joyce Deason	44:55:00	The Pru	Conway	9/11/1993
	A-Melissa Satterfield	45:46:00	The Pru	Conway	9/11/1993

Juniors	Amanda Owensby	47:33:00	The Pru	Conway	9/9/1995
Sub Masters	Joyce Deason	44:55:00	The Pru	Conway	9/11/1993
	A-Amelia Ingersoll	46:47:00	The Pru	Conway	9/11/1993
Master	Barbara Hildebrand	48:08:00	The Pru	Conway	9/9/1995
Grand Masters	Ginger Wilson	54:38:00	Two Rivers	Arkadelphia	4/8/1989
Seniors	Gloria Brown	55:09:00	The Pru	Conway	9/10/1994
	A-Roberta Kious	1:05:06	The Pru	Conway	9/9/1995
Super Seniors	Rosalind Abernathy	1:35:47	Conway 12K	Conway	9/12/1998

Men 15K

Age Group	Name	Time	Race	Location	Date
Overall	Sydney Maree	45:33:00	Razorback Run	Fayetteville	10/10/1981
	A-Mike Clark	45:39:00	Razorback Run	Fayetteville	10/10/1981
	*Reuben Reina	44:50:00	Gate River	Jacksonville, FL	3/7/1998
Juniors	Matt Pearson	50:46:00	Razorback Run	Fayetteville	10/10/1981
	A-Steve Oury	49:59:00	Tulsa Run	Tulsa, OK	10/25/1986
Sub Masters	Bob Busby	47:19:00	Razorback Run	Fayetteville	10/6/1979
	A-Denton Childs	48:35:00	Razorback Run	Fayetteville	10/10/1981
Masters	Lowry Foster	50:55:00	Caddo River Run	Glenwood	9/28/1991
	*Lowry Foster	50:24:00	Tulsa Run	Tulsa, OK	11/2/1991
Grand Masters	Karl Lenser	55:50:00	River Trail 15K	N Little Rock	2/6/2010
	*David Williams	54:51:00	Tulsa Run	Tulsa, OK	10/30/1999
Seniors	Tom Mayfield	58:55:00	Paper Chase	Pine Bluff	3/20/1999
	*Jack Gentry	56:59:00	Tulsa Run	Tulsa, OK	10/29/1988
Super Seniors	Henry Hawk	1:08:20	River Trail 15K	N Little Rock	2/16/2008
	*Jack Gentry	1:05:35	Tulsa Run	Tulsa, OK	10/31/1998

Women 15K

Age Group	Name	Time	Race	Location	Date
Overall	Leah Thorvilson	53:51:00	River Trail 15K	N Little Rock	2/5/2011
Juniors	Amanda Owensby	1:03:18	Caddo River Run	Glenwood	9/30/1995
	* Julie Duncan	1:00:05	Tulsa Run	Tulsa, OK	10/31/1981
Sub Masters	Leah Thorvilson	53:51:00	River Trail 15K	N Little Rock	2/5/2011
Masters	Tia Stone	59:45:00	River Trail 15K	N Little Rock	2/2/2019
Grand Masters	Jennifer Found	1:03:40	River Trail 15K	N Little Rock	2/3/2024
	* Pauline Allen	1:01:04	Tulsa Run	Tulsa, OK	10/31/2021
Seniors	Debbie Hill	1:18:35	River Trail 15K	N Little Rock	3/20/1999
Super Seniors	Mary Jo Brinkman	1:29:34	River Trail 15K	N Little Rock	2/4/2012

Men 20K

Age Group	Name	Time	Race	Location	Date
Overall	Mike Clark	1:03:43	Arkansas 20K	Benton	10/27/1984
Juniors	Raymond Bradford	1:17:06	Arkansas 20K	Benton	10/26/1985
Sub Masters	Fred Klinge	1:05:44	Arkansas 20K	Benton	10/21/1989
	A-Tom Aspel	1:06:51	Arkansas 20K	Benton	10/22/1988
	* Randy Taylor	1:06:22	Arrowhead Mills	Dallas, TX	4/3/1982
Masters	Lowry Foster	1:08:41	Arkansas 20K	Benton	10/19/1991

Grand Masters	Joe Whillock	1:13:26	Arkansas 20K	Benton	10/30/1993
Seniors	Tom Mayfield	1:19:27	Arkansas 20K	Benton	10/30/1999
Super Seniors	Don Potter	1:43:53	Arkansas 20K	Benton	9/15/2012

Women 20K

Age Group	Name	Time	Race	Location	Date
Overall	Joyce Deason	1:15:50	Arkansas 20K	Benton	10/17/1992
	A-Leah Thorvilson	1:16:41	Arkansas 20K	Benton	9/17/2011
Juniors	Rheem Rabie	1:36:00	Arkansas 20K	Benton	10/22/1988
Sub Masters	Joyce Deason	1:16:11	Arkansas 20K	Benton	10/20/1990
	A-Leah Thorvilson	1:16:41	Arkansas 20K	Benton	9/17/2011
Masters	Ann Graysmith	1:20:12	Arkansas 20K	Benton	10/24/1987
Grand Masters	Betsy Tucker	1:35:33	Arkansas 20K	Benton	9/17/2011
Seniors	Bernita Lovelace	1:46:07	Arkansas 20K	Benton	9/20/2014
Super Seniors	Mary Jo Brinkman	2:04:37	Arkansas 20K	Benton	9/21/2013

Men Half

Age Group	Name	Time	Race	Location	Date
Overall	Ernest Kebenei	1:05:30	LR Marathon	Little Rock	3/15/2009
	A-Tom Aspel	1:08:57	Natural Light	N Little Rock	10/3/1981
	* Randy Reina	1:04:19	Finest City Half	San Diego, CA	8/18/1984
Juniors	Ezkyas Sisay	1:07:25	LR Marathon	Little Rock	3/2/2008
	A-Connor Jackson	1:12:46	St Jude's	Memphis, TN	12/7/2019
Sub Masters	David Mosop	1:05:51	LR Marathon	Little Rock	3/15/2009
	A-Randy Taylor	1:11:16	Natural Light	N Little Rock	10/3/1981
Masters	Lowry Foster	1:13:41	Talimena	Mena	4/11/1992
Grand Masters	James Bresette	1:17:10	Soaring Wings	Conway	10/29/2011
Seniors	Alan Krenzelok	1:24:45	Run The Line	Texarkana	2/17/2019
Super Seniors	Henry Hawk	1:36:29	LR Marathon	Little Rock	3/4/2007

Women Half

Age Group	Name	Time	Race	Location	Date
Overall	Leah Thorvilson	1:15:28	CASA Half	Pine Bluff	12/14/2013
	*Leah Thorvilson	1:15:01	Rock 'n' Roll	Seattle, WA	6/26/2010
Juniors	Carolyn Komen	1:20:07	LR Marathon	Little Rock	3/15/2009
	A-Emily Myers	1:26:28	LR Marathon	Little Rock	3/6/2011
Sub Masters	Leah Thorvilson	1:15:28	CASA Half	Pine Bluff	12/14/2013
	* Leah Thorvilson	1:15:01	Rock 'n' Roll	Seattle, WA	6/26/2010
Masters	Leah Thorvilson	1:20:50	CASA Half	Pine Bluff	12/14/2019
Grand Masters	Pauline Allen	1:28:45	White River	Cotter	11/23/2019
Seniors	Jane Hutchinson	1:38:36	LR Marathon	Little Rock	3/5/2006
	A-Kathy Stevens	1:47:21	Run The Line	Texarkana	2/18/2018
Super Seniors	Mary Jo Brinkman	2:07:04	Run The Line	Texarkana	2/19/2012

Men Marathon

Age Group	Name	Time	Race	Location	Date
Overall	Charles Kamindo	2:19:49	LR Marathon	Little Rock	3/5/2006
	A-Tom Aspel	2:26:52	Arkansas Marathon	Booneville, AR	3/5/1983

	* Randy Reina	2:14:31	Houston Tennaco	Houston, TX	1/5/1985
Juniors	Mark Prado	2:32:53	Hogeye	Fayetteville	4/28/1979
	* Mark Prado	2:26:07	Boston Marathon	Boston, MA	4/16/1979
Sub Masters	Augustus Mbusya	2:20:47	Little Rock Marathon	Little Rock	3/15/2009
	* Randy Taylor	2:25:41	Boston Marathon	Boston, MA	4/20/1981
	A-James Gudgel	2:30:37	Arkansas Marathon	Booneville	3/25/1978
Masters	Titus Mutinda	2:25:43	Little Rock Marathon	Little Rock	3/6/2005
	A-Ken Plummer	2:43:30	Arkansas Marathon	Booneville	3/3/1984
	* Steve Sipes	2:34:38	Boston Marathon	Boston, MA	4/18/1994
Grand Masters	James Bresette	2:46:33	Little Rock Marathon	Little Rock	3/6/2011
	* James Bresette	2:42:03	Houston Marathon	Houston, TX	1/12/2012
Seniors	Tom Mayfield	2:56:15	Dallas White Rock	Dallas, TX	12/13/1998
	* Tom Mayfield	3:02:52	Arkansas Marathon	Benton	9/26/1999
Super Seniors	Jim Yamanaka	3:53:58	Mid-South Marathon	Wynne	11/2/2002

Women Marathon

Age Group	Name	Time	Race	Location	Date
Overall	Leah Thorvilson	2:37:27	Little Rock Marathon	Little Rock	3/4/2012
Juniors	Kerry Allen	3:06:19	Hogeye Marathon	Fayetteville	4/9/2000
	Bailee Miller	3:22:53	Little Rock Marathon	Little Rock	3/7/2010
Sub Masters	Leah Thorvilson	2:37:27	Little Rock Marathon	Little Rock	3/4/2012
Masters	Tia Stone	3:01:42	Little Rock Marathon	Little Rock	11/21/2021
	* Tia Stone	2:58:26	St Jude's Marathon	Memphis	12/7/2019
Grand Masters	Lauren Laughlin	3:15:57	Little Rock Marathon	Little Rock	3/5/2017
	A-Jennifer Found	3:17:36	Mississippi River Marathor	Lake Village	2/6/2021
Seniors	Judith Watkins	3:20:30	Little Rock Marathon	Little Rock	3/5/2006
	A-Charlene Reinsch	4:11:02	Little Rock Marathon	Little Rock	3/6/2016
Super Seniors	Mary Jo Brinkman	4:41:22	MidSouth Marathon	Wynne	11/3/2012

Overall Best performance, all ages

Juniors Ages 19 & below

Sub Masters Ages 30-39

Masters Ages 40-49

Grand Master Ages 50-59

Seniors Ages 60-69

Super Seniors Ages 70 & above

(A) Arkansan state best: best performances by Arkansan when the state record is held by an individual from another state.

(*) Arkansan all-time best: best performances by Arkansan recorded out-of-state and superior to existing state record.

(#) Performance was recorded on a track.